

UPCOMING EVENTS **2**
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AMBASSADORS AND
GOLDEN PINEAPPLE



\$3.8 million raised for Hospitality House

In January 2011 when the Hospitality House opened its doors to its first guests, Commonwealth Health Foundation celebrated a dream they had envisioned for many years. Six months into the Hospitality House's operations, the Foundation once again celebrated, this time for the completion of its first capital campaign.



Mike Murphy, Chairman of the Extending Home Capital Campaign Steering Committee

The campaign raised more than \$3.8 million for the construction and furnishing of the Hospitality House and the establishment of an endowment to help fund ongoing operation. The original goal was \$3 million. The success of the campaign was made possible with the support of individuals, businesses and organizations throughout Southcentral Kentucky.

"We are grateful to those in our community who made the dream of opening the Hospitality House a reality," said Connie D. Smith, President and Chief Executive Officer of Commonwealth Health Corporation. "Families of critically ill patients being cared for at The Medical Center and Commonwealth Regional Specialty Hospital now have a place where they can rest and re-charge between visits to a loved one."

"This beautiful facility is a testament of your faith in our mission and of your generosity to our community," said Mike Murphy, Chairman of the Extending Home Capital Campaign Steering Committee, during a special open house for donors held June 21. "From the bottom of my heart, I would like to say thank you."

In addition to 12 private guestrooms and baths, the Hospitality House features a large kitchen and dining room to accommodate multiple families, a prayer room, a community room with comfortable furnishings, and a business center with computers and internet access. There is not a charge to stay at the Hospitality House; however, donations to help support the operation of the House are gratefully accepted.

The Foundation will continue to solicit funds to increase the endowment needed to maintain operations of the Hospitality House. To learn how you can help, contact the Foundation at (270) 796-5543 or visit www.hospitalityhousebg.org.

Upcoming Events

Nutrition Class For Kids

July 7

10 a.m. to noon

The Medical Center Health & Wellness Center at Greenwood Mall

Upon completion of this class, kids will understand the importance of nutrition and living a healthy life. They will be introduced to the USDA's Food Guide Pyramid and will be given information about each food group. This class will teach kids how to read Nutrition Fact labels. A registered dietitian will assist kids as they create their own healthy meal and learn the importance of a healthy diet. Physical activity will be heavily encouraged throughout the class. *Preregistration required by calling 745-0942.*

Vascular Screening

July 8

9 a.m. to 4 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Assess your vascular health with three painless, noninvasive tests: carotid ultrasound, abdominal aortic ultrasound, and ankle/brachial index. These tests screen for disorders such as stroke, aortic aneurysm and lower extremity vascular disease. A vascular technologist performs the screenings, results are sent to a board certified vascular surgeon at The Heart Institute, and a report is sent to you and your physician. The cost is \$35 per screening or \$90 for all three. Members of Senior Health Network, Men's Health Alliance, and The Women's Center can get all three for \$80. *Appointments are required by calling 745-0942.*

CPR Anytime Class

July 11

1 to 5 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Certified CPR instructor Amanda Allen will teach you how to give CPR to an adult, child or infant and how to use an AED. Studies show that effective CPR began right away improves survival from cardiac arrest. Cost is \$10. *Preregistration required by calling 745-0942.*

First Aid & Emergencies: Kids On The Block

July 12

10 to 11 a.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Join South Central Kentucky Kids on the Block, a non-profit, educational puppet troupe, as they teach children how to behave in emergency situations and the importance of taking preventative measures seriously. After the skit, puppeteers will interact with the children and discuss details illustrated in the program. *Preregistration required by calling 745-0942.*

Babysitting Clinic

July 13 and 27

9 a.m. to 2 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

Boys and girls ages 11 to 17 will learn about safety, how to handle emergencies and basic tips for caring for children of all ages. The fee is \$20 and includes lunch, course materials and a T-shirt. *Prepayment and registration required by calling 745-0942; class size is limited.*

AARP Driver Safety Program

July 20

9 a.m. to 1 p.m.

The Medical Center Health & Wellness Center at Greenwood Mall

This course is designed to meet the specific needs of older drivers. Graduates of the program may be entitled to a premium discount on automobile insurance. Cost of the program is \$12 for AARP members and \$14 for nonmembers, payable to AARP. *Preregistration required by calling 745-0942; space is limited.*

Did you know?

You can register online for many events by visiting www.TheMedicalCenter.org.

Retirements



Sharon Dixon, Certified Nursing Assistant/Unit Clerk for 2B (center) is congratulated on her retirement after 23 years at The Medical Center by Amber Herman, Clinical Manager (left) and Dee Rheaume, Charge Nurse (right).

June 2011

PRIDE Ideas

Betty Crabtree..... ER
 Beth Sanders.....Cancer Center
 Joshua Blair 6A/CRSH
 Angie Swift..... ICU
 Wendy Higgs..... ICCU
 Jimmy Keown Lab
 Ron Waterbury.....Security
 Julie Boivin..... ER
 Melissa Slagle..... 4C
 Marta Duffer Respiratory Care
 Martha Houchin.....OB Education
 Kayla Rainwaters..... 4B
 Rechelle Wood..... 4B
 Kim Flora..... CHC Accounting

New Employees



Standing, left to right: Lisa Graham, 4D; Heather Collins, 3D. Seated, left to right: Portia Gray, 5C; Lauren Mills, 4B.



Standing, left to right: Tatiana Mercer, Labor & Delivery; Nicey Nelson, 4C. Seated, left to right: Tyler Sturgeon, 4D; Jordan Gass, Emergency Department.



Standing, left to right: Lindsey Chaffin, MRI; Lauren Moore, Urgentcare; Lori Cassity, Switchboard. Seated, left to right: Cael Clarkson, Pharmacy; Evan Nalley, Security.



Standing, left to right: Michelle Sullivan, CFR; Cheryl Hudson, MCS - Senior Perspectives; Nakeyia Hickman, Food Services. Seated, left to right: Stephanie Smith, Rehab Services; Carl Cline, Rehab Services; Rose Wheat, Patient Registration.

Employees with Service Excellence!

July 2011

Ambassadors and Golden Pineapples are individuals who rise above day-to-day expectations. The monthly Ambassador award recognizes hourly and salaried employees; the quarterly Golden Pineapple is for supervisors and managers. If you would like to nominate someone for **Ambassador** or **Golden Pineapple**, nomination forms are available in your unit or department, and by logging on to Service Excellence through Citrix.



Vivian McClellan
Golden Pineapple – 3rd Quarter
Education & Development

"Vivian is always willing to pitch in and help in all types of situations. She is so caring and appreciative of other staff. She is an awesome example for other members of management, as well as other employees. We are fortunate to have her at The Medical Center."



Mary Ford
Ambassador
The Medical Center – 4A

"Mary goes above and beyond in supporting and encouraging her peers in personal and professional development. She is always willing to help our floor in times of need. She is wonderful with her patients and is outstanding in Service Excellence. We are fortunate to have Mary at The Medical Center."



Autumn Jenkins
Ambassador
The Medical Center – NICU

"Autumn is a great NICU nurse. She is skilled, compassionate and a very hard worker. The families are always appreciative of her obvious caring for their babies. She is wonderful to her patients and her co-workers. Autumn is a great asset to our unit and The Medical Center!"



Sherry Suggs
Ambassador
Education & Development

"Sherry is an amazing educator. During all of our certifications, she is truly teaching us the latest and enabling staff throughout the hospital to provide the best patient care in any situation. We always learn a great deal and are empowered to provide the best care we can. She is a true team member!"